



2026 WOW NATIONAL DUALS

ARVEST CONVENTION CENTER • MARCH 6-8 • 100 CIVIC CENTER • TULSA, OK 74103

TEAM INFO:

- Register at WORLDOWRESTLING-ROLLER.COM
- \$800 per team/\$250 deposit due by Entry Deadline February 6, 2026
- Teams must provide 1 table worker each dual
- Teams will be given hotel room blocks at discounted prices
- 3 alternates allowed per team
- Wrestlers may only be on 1 team (example: 1 wrestler cannot be on 9u and 12u teams)
- Bring birth certificates to present if protested, girls divisions need to bring report cards
- Teams guaranteed 6 duals
- Limited to 12 teams per division

TENTATIVE SCHEDULE:

- Weigh-in Friday March 6 at 3:00pm – 4:00pm (weigh in as a team)
- Wrestle Saturday & Sunday (8am – 3pm both days) *This will allow wrestlers to attend most of the Big 12 Wrestling Sessions*

DISCOUNTED TICKETS TO BIG 12 WRESTLING CHAMPIONSHIPS:

- Friends and family will be able to purchase tickets at a discounted rate to the Big 12 Championships happening next door to the WOW Duals on Friday & Saturday

DIVISIONS AND WEIGHTS:

- 9 and Under: 40, 43, 46, 49, 52, 55, 58, 61, 65, 70, 75, 80, 90, 120lbs
- 12 and Under: 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 102, 110, 160lbs
- 14 and Under: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 135, 150, 180, 230lbs
- Girls K-6th: 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 100, 110, 125, 160lbs
- Girls 7th-12th: 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 175, 240lbs
- All divisions receive 1lb allowance, Age as of 9/1/2025, 1 1/2 minute periods

AWARDS:

- Awards for top 3 teams in each division
- Outstanding wrestler awarded in each division
- Gold medals for undefeated wrestlers, Silver for 1 loss (5 match minimum)



Contact Kenny Giddens 918-998-8044
for more information or to reserve a spot

TulsaSportsCommission

