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WORLD OF WRESTLING PRESENTER

Something to believe in ... A Real American Hero

RULON GARDNER



Rulon's wrestling career began when he was six years old. For one week every year, Star Valley would have a wrestling camp, which always concluded with a tournament on the weekend. Rulon participated in this from six years old until he started junior high school at 12 years old. He began a regular wrestling season while in junior high and continued with the wrestling seasons until he graduated from the University of Nebraska.

Rulon is very proud of graduating from the University of Nebraska with a degree in physical education. After graduating, he continued his Olympic wrestling pursuit with full-time dedication. Winning the Gold in Sydney did not come without dedication and sacrifice. Rulon has sacrificed much in order to reach his Olympic aspirations.

Rulon has experienced wins as well as losses in his life. He has never dwelled on the negatives; instead he takes each challenge and uses it as a means to improve his life.