

# 2018 FLO NATIONAL YOUTH DUALS

Held at Cox Business Center Arena in Tulsa, Oklahoma March 3<sup>rd</sup> and 4<sup>th</sup>

## 3<sup>rd</sup> Grade & Under (must not have turned 10 before 9-1-17)

Weight classes: 40, 43, 46, 49, 52, 56, 60, 64, 68, 72, 76, 82, 92, HWT (max 130)

## 6<sup>th</sup> Grade & Under (must not have turned 13 before 9-1-17)

Weight Classes: 55, 60, 64, 68, 72, 76, 80, 85, 90, 95, 102, 110, 140, HWT (max 210)

## 8<sup>th</sup> Grade & Under (must not have turned 15 before 9-1-17)

Weight Classes: 77, 85, 90, 95, 100, 105, 110, 115, 120, 125, 135, 150, 180, 210, HWT (max 285)

- All Divisions receive a 1 pound weight allowance
- Wrestlers may only be on 1 dual team (Example- same wrestler cannot be on the 6<sup>th</sup> grade and the 8<sup>th</sup> grade teams)
- 1 ½ minute periods
- 3 Alternates allowed per team
- Entry fee of \$800 per dual team
- Wrestle 5 quality duals against other top teams!
- Team must provide 1 table worker each dual
- Wrestlers, Alternates, 2 coaches, & 1 table worker will receive tickets to watch the Big 12 Championships for all sessions taking place next door in between our sessions.
- Weigh In will be Friday March 2<sup>nd</sup> at 6:00pm, need to weigh in as a team. (I will send address of weigh in location)
- Wrestle Saturday March 3<sup>rd</sup>, will wrestle 3 matches in pools for placement
- Wrestle Sunday March 4<sup>th</sup>, 2 matches in Gold or Silver pool brackets (finished by 12:00 noon Sunday)
- Wrestlers allowed to move up only 1 weight class.
- Forfeits are worth 6 points